Dear Parent/Carer,

NSPCC's *Speak out. Stay safe.* programme

I am pleased to inform you that we are participating in the **NSPCC's *Speak out. Stay safe.* Programme** next week. This is a programme for children aged 5-11 which aims to help children understand and recognise the signs of the different types of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly, age-appriopriate programme is fully aligned with the curriculum and consists of a short film and supporting classroom based activities which we have reviewed. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy.

To find out more about the programme, please watch the NSPCC's **Speak out. Stay safe. 'Introduction for Parents/Carers film'**. Link or scan QR code.

Parents and carers are asked to let us know if your child has experienced anything (in the past or happening now) which may mean they need extra support before, during or after taking part in this programme.

Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

Parent/Carer support

Take a look at information, support, advice and activities from NSPCC for parent and carers.

www.nspcc.org.uk/parents www.nspcc.org.uk/speakout.

Activities to extend learning at home

Take part in games and activities at home to help children learn about speaking out and staying safe.

www.nspcc.org.uk/activities

Online Safety Hub

For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.

www.nspcc.org.uk/onlinesafety

Childline – under 12's

Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.

www.childline.org.uk/buddy (5-7)

www.childline.org.uk/kids (7-11)

Talk PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at www.nspcc.org.uk/pants.

I hope you find this information about the NSPCC and the *Speak out. Stay safe.* programme helpful. Please do contact me if you have any further questions.

Yours sincerely,

Mrs Francis