

Visit your local

Compassionate Café

Are you looking after someone that is dying? Are you bereaved? Or are you living with a life limiting illness? Need someone to talk to?

A Compassionate Café is a friendly welcoming place to have a cup of tea or coffee with a **Compassionate Friend** who is there for company and to lend a friendly ear.

Whether you are **going through a bereavement** or **living with a life limiting illness**, Compassionate Cafés provide a place where you will be listened to and a place to stay connected with others. **Look out for the starfish logo!**

Check out details of our Compassionate Café below.

Every Fortnight from Tuesday 25 January

11.15am – 1.15pm

At The Wolseley Community Hub (next to the Co-Op)

For more information please phone 07305052575

Part of the Plymouth Compassionate City Charter for End of Life, Loss and Bereavement
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