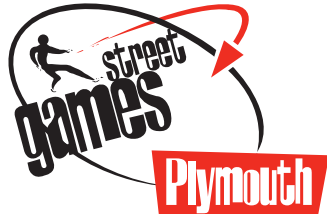


# Free Activities In Plymouth

## Astor Park & Central Park

All equipment is provided,  
so grab your mates and just show up.  
Aimed at young people 8 to 25\*



ParkLives.com  
#ParkLives



\*Please note participants under 12 must be accompanied by an adult

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 @sportplymouth

## Astor Park, Cattedown, PL4 0AY

Activity	Date	Time
Bubble Football	Tuesday 23 April	4.00 – 5.00pm
Archery	Tuesday 30 April	4.00 – 5.00pm
Graffiti Art	Tuesday 7 May	4.00 – 5.00pm
Football	Tuesday 14 May	4.00 – 5.00pm
Dodgeball	Tuesday 21 May	4.00 – 5.00pm
Field Games	Tuesday 28 May	4.00 – 5.00pm
Mad Science	Tuesday 4 June	4.00 – 5.00pm
Cycling	Tuesday 11 June	4.00 – 5.00pm
Cycling	Tuesday 18 June	4.00 – 5.00pm
Mad Science	Tuesday 25 June	4.00 – 5.00pm
Field Games	Tuesday 2 July	4.00 – 5.00pm
Dodgeball	Tuesday 9 July	4.00 – 5.00pm
Football	Tuesday 16 July	4.00 – 5.00pm
Graffiti Art	Tuesday 23 July	4.00 – 5.00pm
<b>Start of Summer Holidays — Time Change</b>		
Archery	Tuesday 30 July	11.00am – 12.00pm
Bubble Football Celebration Event with food	Tuesday 13 August	12.00 – 2.00pm

## Central Park, PL2 3DG

Activity	Date	Time
Bubble Football	Tuesday 23 April	5.30 – 6.30pm
Archery	Tuesday 30 April	5.30 – 6.30pm
Graffiti Art	Tuesday 7 May	5.30 – 6.30pm
Football	Tuesday 14 May	5.30 – 6.30pm
Dodgeball	Tuesday 21 May	5.30 – 6.30pm
Pitch 'n' Putt	Tuesday 28 May	5.30 – 6.30pm
Mad Science	Tuesday 4 June	5.30 – 6.30pm
Cycling	Tuesday 11 June	5.30 – 6.30pm
Cycling	Tuesday 18 June	5.30 – 6.30pm
Mad Science	Tuesday 25 June	5.30 – 6.30pm
Foot Golf	Tuesday 2 July	5.30 – 6.30pm
Dodgeball	Tuesday 9 July	5.30 – 6.30pm
Football	Tuesday 16 July	5.30 – 6.30pm
Graffiti Art	Tuesday 23 July	5.30 – 6.30pm
<b>Start of Summer Holidays — Time Change</b>		
Archery	Tuesday 30 July	12.30 – 1.30pm
Bubble Football Celebration Event with food	Thursday 29 August	12.00 – 2.00pm



For more information please contact  
 Plymouth City Council's Sports Development Unit  
 on [sportsdev@plymouth.gov.uk](mailto:sportsdev@plymouth.gov.uk)

