

Information about PE at College Road Primary School

The Government has given primary schools extra funding to help promote PE and health. In the academic year 2016/17, the school received an extra £8890 in sports funding. In this academic year (2017/18) we are due to receive £17,760 (tbc). This money adds to the resources we allocate from school budget and is very helpful in ensuring we provide an excellent programme.

At College Road, we make sure PE and the promotion of a healthy lifestyle have a very high profile. Improving provision in PE has been one of our school improvement priorities for the last two years, and we are very proud of the provision, which we will maintain and improve on. The extra money we receive has helped to provide:

- A partnership with PE experts and access to inter-city competitions via the School Sport Partnership
- Quality PE for all our classes every week – KS2 children have a whole afternoon with a specialist teacher and sessions with their class teacher. KS1 have 3 or 4 PE sessions regularly, including with external specialists and their teachers.
- An improved programme of teacher training, including training for staff in dance, invasion games and gymnastics, and working alongside specialists and learning from them.
- Installing a shelter for bikes.
- Employing a Sports Apprentice teaching assistant to help maximise involvement and participation during PE sessions and lunchtimes, and ensure we enter as many competitions as possible
- Continue our Change for Life and Gifted sportsperson programmes.
- An excellent after-school clubs programme, featuring 14 sports clubs and one healthy eating club. All of these are free.
- Increased links with local and regional clubs and venues; Plymouth Raiders, Argyle and Albion are regular visitors and donate tickets so that the children can watch games.
- We enter many sporting competitions and are recent cricket, 'Multi-Skills' and golf champions. Three children won awards at the Plymouth Athletics competition in June 2017.
- We hold special days in which the whole school takes part – eg. Skipping (raising over £1000 for the British Heart Foundation too), rowing and indoor athletics coaching. We also organised a 'Sports Week' in June 2017, with over 13 visiting sports specialists, inter-team games and a host of sports sessions.
- Our sports day in 2017 was a huge success, with over 400 parents and family members watching the activities, and celebrating the winning team –GreenTeam.
- The school again took part in the Plymouth 'Marathon Challenge' - a half marathon culminating in a mile run on Plymouth Hoe.
- We run a 'Bikeability' programme for our oldest children, and take part in the 'Big Pedal' family. We've had bike and scooter racks installed, and many children use them. We have gained the Sustrans Silver school mark for 'Excellence in sustainable travel'.
- An intensive programme of swimming lessons for Ys 4 and 5.

- We have been awarded the Sainsbury's Bronze Sports Award, and applied for the Silver..
- Children have been trained to be 'Sports Leaders' across the school, promoting competitive sports and games at lunchtimes and clubs, and promoting sport to all, including via our website.
- PE homework for children and families together has been introduced on our website and via homework cards.

- Plans for additional initiatives to those above for 2017/18 include:
 - Improve and widen the range of activities at lunchtimes, including those directly supervised by an adult.
 - Increase the use by the children of the school's allotment, so that they understand the wide range of healthy lifestyle choices that are available.

College Road Primary School – a healthy place to learn!

September 2017