

Information about PE at College Road Primary School

The Government has given primary schools extra funding to help promote PE and health. In the academic year 2016/17, the school received an extra £8890 in sports funding. In this academic year (2017/18) we are due to receive £17,760 (tbc). This money adds to the resources we allocate from school budget and is very helpful in ensuring we provide an excellent programme.

At College Road, we make sure PE and the promotion of a healthy lifestyle have a very high profile. Improving provision in PE has been one of our school improvement priorities for the last two years, and we are very proud of the provision, which we will maintain and improve on. The extra money we receive has helped to provide:

- A partnership with PE experts and access to inter-city competitions via the School Sport Partnership. This has meant that the standard of teaching PE and Health in our school is good to outstanding.
- Quality PE for all our classes every week – KS2 children have a whole afternoon with a specialist teacher and sessions with their class teacher. KS1 have 3 or 4 PE sessions regularly, including with external specialists and their teachers. The range of opportunities, including afterschool activities and at lunchtimes is excellent.
- An improved programme of teacher training, including training for staff in dance, invasion games and gymnastics, and working alongside specialists and learning from them.
- Installing a shelter for bikes. At least 10 children regularly bike or scoot to school.
- Employing a Sports Apprentice teaching assistant to help maximise involvement and participation during PE sessions and lunchtimes, and ensure we enter as many competitions as possible. We take part in at least 30 competitions a year, ranging from city-wide tournaments to local events, across both KS1 and KS2. Our school won three medals in the region's athletics festival in 2017, we are cricket champions of Plymouth at both Y5/6 and Y3/4, and our KS1 children are multi-skills champions again. We also secured the city wide golf trophy for the second year in succession.
- Continue our Change for Life and Gifted sportsperson programmes. 25 children now benefit from extra and specialised provision.
- An excellent after-school clubs programme, featuring 14 sports clubs and one healthy eating club. All of these are free. Many children go on to represent local clubs, having started their sports here.
- Increased links with local and regional clubs and venues; Plymouth Raiders, Argyle and Albion are regular visitors and donate tickets so that the children can watch games. This helps provide positive role models for the children, as well as giving them new experiences in the world of sport.
- We hold special days in which the whole school takes part – eg. Skipping (raising over £1000 for the British Heart Foundation too), rowing and indoor athletics coaching. We also organised a 'Sports Week' in June 2017, with over 13 visiting sports specialists, inter-team games and a host of sports sessions. This all contributes to the positive image of being healthy and taking part in sport.
- Our sports day in 2017 was a huge success, with over 400 parents and family members watching the activities, and celebrating the winning team –Green Team.

- The school again took part in the Plymouth 'Marathon Challenge' - a half marathon culminating in a mile run on Plymouth Hoe. 54 children joined the city-wide event, helping to raise the school's profile yet further.
- We run a 'Bikeability' programme for our oldest children, and take part in the 'Big Pedal' family. We've had bike and scooter racks installed, and many children use them. We have gained the Sustrans Silver school mark for 'Excellence in sustainable travel'.
- An intensive programme of swimming lessons for Ys 4 and 5. Over 50% of these children reached the expected standard, with plans in place to support those currently in Y6 to 'catch up' in their final year in KS2.
- We have been awarded the Sainsbury's Bronze Sports Award, and applied for the Silver.
- Children have been trained to be 'Sports Leaders' across the school, promoting competitive sports and games at lunchtimes and clubs, and promoting sport to all, including via our website. Their efforts have been recognised by local awards, and this also extends the cross curricular nature of our PE and Health provision.
- PE homework for children and families together has been introduced on our website and via homework cards. Involving whole families is a very positive aspect of our work, particularly in an area with above average levels of deprivation and many challenges to health and healthy habits in the locality.
- Plans for additional initiatives to those above for 2017/18 include:
 - Improve and widen the range of activities at lunchtimes, including those directly supervised by an adult.
 - Increase the use by the children of the school's allotment, so that they understand the wide range of healthy lifestyle choices that are available.

College Road Primary School – a healthy place to learn!

September 2017

